Sample Profile For Assignment To MED HOLD Comp

PHYSICAL PROFILE For used this form see AR40501; the proporent agency is the Office of the Surgeon General.												
	< INJUR		ILLNESS/DS		2. CODES (Table		Р	U	L	H E	E S	
1. MEDICAL CONDITION (Description in lay terminology) Chronic Low Back Pain with Herniated Disc		r? Cr		ASE?	72 AR40501)	3. Tompran	P		누	П	= 3	
Childric Low Back Fairi With That Haca Bis						Temporary	7	1	\rightarrow	1 1	1 1	
+ + + + + + + + + + + + + + + + + + + +								1 :	3 1 1 1			
4. PROFILETYPE											NO	
a. TEMPORARY PROFILE (Expiration date YYYYMMDD)		to3 manths						+			×	
b. PERMANENT PROFILE (Reviewed and validated as a minimum with every perior	dc physical ex	amorafter5	years from the date of it	53.E)				_	×	_		
C. IF A PERMANENT PROFILE WITHA 3 OR 4 PULHES, DOES THE SOLDIER MEET RETENTION STANDARDS (AWCHAPTER 3 AR 40-501? (IF LISAR/ARNG/ARNOLD SOLDIEN OF ONACTIVE DUTY SEEPARA 9-10 & 10-26, AR 40-501 (F SOLDIEN DOES NOT MEET RETENTION STANDARDS.)							Needs Nee MMRB MEB/		Needs VEB/PEB			
5. FUNCTIONAL ACTIVITIES FOR PERMANENT AND TEMPORARY PROFILES (if ary arover (af) is NOthern the profile should be at least a 3)												
a. ABLETOCARRY AND FRE INDIVIDUAL ASSIGNED WEAPON											X	
b. ABILETOMONE WITH A FIGHTING LOAD AT LEAST 2 MLES (48 LBS. Includes helmet, boots, uniform) LBE, weapon, protective mask, pack, etc.)									;		X	
c. ABLE TO WEAR PROTECTIVE MASK AND ALL CHEMICAL DEFENSE E	QUIPMENT								×			
d. ABLE TO CONSTRUCT AN INDIVIDUAL FIGHTING POSITION (Dig fi), &	lift sandbags	; etc.)						\perp			×	
e able to do 35 second rushes under direct and indirect fi	RE										×	
f. Is solder healthy without any medical condition that pr	EVENTS DEF	LOYMENT?	•								×	
6. APFT	YES	NO	ALTERNATE APFT	(Fill out if unable to	odbAPFT run otherwiseN/A)				YE	5	NO	
2MLERUN		×	APFTWALK				ŊA				×	
APFT SIT-UPS		×	APFTSWIM				ŊA		×			
APFT PUSHUPS		×	APFTBIKE				N/A	Т			×	
7. STANDARD OR MODIFIED AEROBIC CONDITIONING ACTIVITIES (Creck a	l applicable bo	Mes)	1				-					
UNLIMITEDRUNNING	· ·	×	OR RUNATOW	N PACE & DIST/	ANCE			Т			X	
UNLIMITEDWALKING		X	OR WALK AT O	W PACE & DIS	TANCE				×			
UNLIMITED BIKING		X	OR BIKEATOW						×	_		
UNLIMITEDSWIMING		X	OR SWIMATON	TOWN PACE & DISTANCE					×			
8. UPPER BODY WEIGHT TRAINING (See FM21-20)	×		9. LOWER BODY V	NBGHTTRAINING(SeeFM21-20)					X		-	
10. OTHER: eg. Functional limitations and capabilities and other comments	: (May continue	ean page2)	1		ARAMETERS ARE OPTION	AL, USE AS NEEDED						
No run/ruck/jump/lift> 20lbs/sit ups/flutter l	cicks/ o	or activ	ities that		yingmaxweight	20	ar					
stress the lower back.				distance								
PT OPAD, encourage swimming for PT PT HAS BEEN PROFILED FOR WELL OV	Runningmæximumdistance											
CONDITION. RECOMMEND MEB.	Prolongedstanding-maximum time per episode											
Marching with standard field gear except rucksack max distance												
This temporary profile is an extension of a temporary profile first issued on Impact activities such as jumping max #reps in one day												
12. TYPE NAME & GRADEOT PROFILING OFFICER EDWARD H. BAILEY, MAJ, MC				1					E(YYYMMD) 20050801			
					20030001							
15. ACTION BY APPROVING AUTHORITY X APPROVED VIOLENTIAL NOT APPROVED												
16. TYPE NAME & GRADE OF SENIOR PROFILING OFFICER OR APPROVING					RE ſŊ,	10. La				E(YYYYMMDD)		
ANDREW J. KOSMOWSKI, LTC, MC, DIVISION SURGEON						20	20050801					
7 MBRETT JT NOSITOTION, ETC, TTC, BT	• 15.01	. 50.1	020.1	1 0 10					-			
19. ACTION BY UNIT COMMANDER (See pag 7-12, AR 40-501)							Y	ES	+	N	0	
THIS PROFILE REQUIRES A CHANGE INTHIS SOLDIER'S MOS or DUTY 20. COMMENT	ASSIGNME	VIT							_			
20. COMMENT												
	If this is	a pemane n	tcprofile with a PULHES s		^							
21. TYPENAME & GRADE OF UNIT COMMANDER JOE COMBAT, CPT, IN COMMANDING					22. SIGNATURE 23. DATE (1971) 23. DATE (1971) 20050801							
24. PATIENT'S IDENTIFICATION (For typed or written entries give Name (Last, first); grade, SSN;				25 UNIT HHC. 1-87 IN								
hospital or medical facility)				26. ISSUNGCLINC, PROVIDER EMAIL & PHONE NUMBER								
DOE, JOHN L.					CTMC, FORT DRUM, NY							
SGT/E-5 (315) 772-3600/8411												
123-45-6789	RD BAILEY											
									_			
PROFILING OFFICER (O: Approving Authority if applicable) IS RESPONSIBLE PULHES & DATE OF PROFILE IS ENTERED INTO MEDIPROS. ORIGINAL CO											THE	
				MEDICAL RE	CORDS, 1 COPYTOUNITO						TO	
MLPO.												

Sample LOD For Assignment To MED HOLD Compa

STATEMENT OF MEDICAL EXAMINATION AND DUTY STATUS For usual file for your AF 6039 1, the proposed agency in DCSPER										
THRU: (Include 20° Code)		TO Note AP One) COMANDER, 10th MTN DIV (LI) ATTN: AFZS-PR-CAC FORT DRUM, NY 13602				FROM Norther 2POde) COMMANDER: USA MEDDAC ATTN: MCID-PA FORT DRUM, NY 13602				
1. NAMEOF NOIMBUAL EXAMNED	Kasz, Firsz, and Midde Ini	tial)			2 SSN			3. GFRA	DE	
HOMER R. SIMPSON				001-02-003 E-5						
4. ORGANIZATION AND STATION					CIDENT NE	PORTVATION				
2-112 IN BN, FORT	b. PACE(Oxy and State) 18 FEB 2002 Fort Drum, NY									
SECTION I - TOBE COMPLETED BY ATTENDING PHYSICIAN OR HOSPIT ALIPATIENT ADMINISTRATOR										
6. NOMOUALWAS ☐ OUT PATIENT 7. NAMEOFHOSHTALORTREATMENT EXCILITY ☐ CIVILIAN ☑ MILITARY ☐ ADMITTED ☐ DEAD ON ☐ Guidarie Armay Medical Clinic										
8. HOUR AND DATE ADMITTED 1800-18. FEB 2002		8 HOUF AND DATE BLANNED 1930 18 FEB 2002								
10. NATURE AND EXTENT OF □ INJURY □ DISEA SE □ RESULTING IN DEATH ERGOPHOBIA										
11. MEDICALOPNION: a. NOMIDUAL WAS IN WAS NOT UNDER THE NIPLUBNCE OF IN ALCOHOL IN DRUGS (Specify). b. NOMIDUAL WAS IN WAS NOT MENTALLY SOUND (Arach Psychiatric evaluation if appropriate).									RUŒ βρεκ#yJ	
c. NUMY 🗆 IS	⊠ is мот ⊔кв⊥уто пе	SULTINIA GLAIMAG	ANSTTH	E COMETNIMENT FOR FL	JT URE MED	MCALCARE.				
d. NUURY ⊠ WAS I WAS NOT INCURRED IN LINEOF DUTY. BASIS FOR OPINION: PRESUMPTIVE										
12. THE POLLOWING DISABILITY M	RY RESULT			13. BLCCD ALCOHOL TEST MADE		14. NO. OF	MEALCOHOL	/100 MLI	31000	
☐ TBM PO RARY ☐ PERM	IAN BNT PARTIAL	⊠ PESMANEN.	TTOTA	L XYES	- ⊠YES □NO NONE					
15. DETAILS OF ACCIDENT OF HISTORY OF DISEASE Flow, where, where, where) On 18 FEB SM sustained psychiatric trauma while working on monthly USR report. There was no prior HX of psychiatric illness.										
16. DATE 17. TYPEDOR PRINTEDNAMEOF ATTENDING					18. SIGN	ATURE	\wedge	0	١.	
19 MAY 2002 JOAN P. SMITH, SPC, USA, PAD				Hon Drith					noth	
	sectio	NII - TOBE COMPL	ETEDBY	UNIT COMMANDER O	QA TIMUF	VISER				
19 DUTYSTATION 2.						HOUR AND DATEOF ABSENCE				
☐ ASSENT WITH AUTHORITY:	☐ ON PASS.	ON LEASE		a. FROM		b. TO				
21. ABSENCEWITHOUT AUTHORITE Eyge of diey missed fours of die No No				OFMUTARY DUTY (6	qdain in ke	vm30				
22 NDM DUAL WAS ON				23. HOUR AND DATETRANING						
M ACTIVE DUTY ☐ INACTIVE DUTY	ACTIVEOUTYFOR TRAINI Training	NG		e. BBSAN			b. BNDED			
24. RESERVIST DIEDOF NUURIES F	RECEIVED PROCEEDING		DIR	BCTLY TO TRAIN	IING	DIREC	TLY FROM	/ TRA	INING	
25. MICDE OF TRANSPORTATION	26. HOUR BBGM	NNGTRAVEL		27. DISTANCE INVOL	MED		28. NORTVAL	TIMERO	RTRAVEL	
28. DUTYSTATUS AT TIMEOF DEATHIF DIFFERENT FROMTIMEOF NUURYOR CONTRACTION OF DISESSE PRESENT FOR DUTY ABSENT WITH AUTHORITY ABSENT WITHOUT AUTHORITY								IO RIT Y		
30. DETAILS OF ACCIDENT - REVARINS # additional space is received, consistent or necessary (Attachnic losses as recessary) Based on a review of applicable medical documents, there is no evidence to auggest that alvohol, drug uisage or misconduct contributed to the listed in jury. Therefore the presumption of IN LINE OF DUTY applies. BY THE AUTHORITY OF THE SECRETARY OF THE ARMY.										
31. FORTWALLINEOF DUTY INVESTIGATION REQUIRED			32 NULRY IS CONSIDERED TO HAVE BEEN INCURRED IN LINEOF DUTY (Not applicable on							
□ YES ☑ NO destre/ ☑ ☐ YES □ NO							I I NO			
33. DATE	34. TYPEDNAME AND GE				35. SIGN	IATURE (3.Q _n (;	વહિ	Remode	
18 Feb 2002	BILLY BOB RED	NECK, ILT,	MS, C	nief, PAD	1		U		, -	